

2008 Summer Sunday School Series
Calvary Fellowship Church, Downingtown, PA
June 22-September 9

All classes are Biblically based and include the use of Scripture

June 22 “*Helping People Cope with Loss*”

Instructor: Scott Edwards, Hospice Chaplain,
Counselor at The Peacemaker Center

A two week class to help people better understand how to come along side people who are dealing with all kinds of loss, including loss of jobs, finances, marriages, physical abilities and the death of friends and loved ones.

June 29 “*Helping People Cope with Loss*”

Instructor: Scott Edwards, Hospice Chaplain,
Counselor at The Peacemaker Center

Continuation of the first one. People do not have to attend the first one to benefit from attending this class.

July 6 “*Coming along side People with Depression*”

Instructor: Judy Reid, Executive Director, The Peacemaker Center

One week class will cover causes of depression and helping people find light and life while in the darkness of depression.

July 13 “*What is Trauma and How Do We Heal From It*”

Instructor: Judy Reid, Executive Director, The Peacemaker Center

One week class will discuss peoples responses to and healing from many kinds of trauma including medical emergencies, car accidents, domestic violence and abuse.

July 20 “*Addictions: When Someone You Love Struggles and You Don't Know What to Do*”

Instructor: Karen Uhler, Counselor at The Peacemaker Center

Two week class will discuss causes of addictive behaviors, symptoms, what people can do to help and how to overcome addictions. Addictions to be covered include drug and alcohol, eating, sexual and relationship addictions.

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July 20 “*Addictions: When Someone You Love Struggles and You Don’t Know What to Do*”

Instructor: Karen Uhler, Counselor at The Peacemaker Center

Feel free to join this class without having been to the first one.

August 3 “*Boundaries in Relationships*”

Instructor: Jody Flecken, Counselor at The Peacemaker Center

Two week class will include relationship issues that frequently become problematic and answers to questions like “Whose responsibility is it anyway?”

August 3 “*Boundaries in Relationships*”

Instructor: Jody Flecken, Counselor at The Peacemaker Center

Feel free to join this class without having been to the first one.

August 17 “*Conflict Resolution*”

Instructor: Bayo Jegede, Counselor at The Peacemaker Center

One week class will cover principles of resolving conflicts including Ken Sande’s Four goals of conflict resolution, the PAUSE principles, and what often keeps us from resolving conflict.

August 24 “*Anger*”

Instructor: Rick Creasy, Counselor at The Peacemaker Center

Anger can be devastating to relationships, family, and even one's own personal health. One of the first steps in dealing with our anger is to recognize root causes. Come join our one week session to learn how to identify root causes of our anger, and how reframing our thinking can bring soothing relief to our emotional health.

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August 31 “Forgiveness”

Instructor: Rick Creasy, Counselor at The Peacemaker Center

Are you finding it difficult to forgive? Has a spouse, relative or close friend betrayed you and you're struggling to release the hurt and offer forgiveness? Have you ever been a victim of emotional, physical, or sexual abuse and you feel that to forgive would be impossible? Many times our rage, anger, frustration, sleepless nights, and even our depression is rooted in a heart of unforgiveness. Forgiveness is a process of first recognizing that we are rehearsing the incident over and over in our thoughts. Come join our one week session on the process of forgiveness.

September 7 “*Intercessory Prayer*”

Instructor: Bayo Jegede, Counselor at The Peacemaker Center

One week class will address such questions as: What is intercessory prayer? What is the purpose of intercessory prayer? Who are the intercessors? When do we intercede for others? All answers and discussions will be based on biblical examples.