

# Presentations and Workshops

## **Job 17 Project Workshops:**

### [Ensure No Danger – First Aid for the Hurting](#)

As ministry leaders, we are often the safe person to whom someone discloses personal pain. Our initial reaction can make a vital difference in their long term healing and recovery. Janet uses her years of first aid ski patrol experience as a metaphor to explain the First Responder role, and gives practical ideas for dealing with disclosure of sexual abuse or trauma.

*45 minutes to 1 hour*

### [Are You Terrified of What I Might Say?](#)

Survivors of sexual abuse frequently feel alienated from healthy relationships. They fear their words may cause rejection, judgment, and shame from those who have not experienced similar chaos. In this session we share helpful strategies for friends to guide others to learn the healthy communication needed to make balanced friendships work.

*45 minutes to 1 hour*

### [Escaping the Frozen Silence](#)

This is an in depth workshop on the signs, symptoms, and conditions of sexual abuse and sexual assault. We cover the prevalence and statistics of childhood sexual abuse; understanding resiliency; the fight, flight and freeze responses to trauma; characteristics of abusive families; behavioral indicators; grooming of a victim; dissociation, triggers and flashbacks; PTSD; components of memory in the brain; the spiritual aspect to healing; and a model for the therapy process. This program is intended for those in training for or already in a healing profession.

*3 to 4 hours*

## **For Singles:**

### [Matchmaker, Matchmaker...I Want Dancing Shoes!](#)

*You can't find your soul mate if you don't recognize your own soul. That would be like looking for the right shoe without the left one to match it.* As singles, we don't always make our dating decisions based on criteria that support our dreams. Discover how to find joy and romance in coming to know yourself, to value yourself and then engaging yourself in what you love to do.

*1 to 3 hours*

## **For Women:**

### [Are You Worth 8 Cows?](#)

There is an old Polynesian folk tale about how Johnny Lingo bartered for and paid an unexpected price for his new bride. Hear the story and discover her response. When we consider ourselves valuable we make our life decisions accordingly. We are challenged to remember our own bride price.

*45 minutes to 1 hour*

### [Beauty from the Ashes](#)

Sometimes all that we see in the remnants of a fireplace are charcoal and soot. This doesn't mean God isn't doing something brilliant with the ashes. Janet compares the process of extracting, mining and polishing a diamond with the struggles God takes us through restoring our lives after heartbreak and loss.

*45 minutes to 1 hour*

## **For General Audiences:**

### [A Sapphire, a Ruby and a Pearl](#)

Many of us know the story of the Three Wise Men that came to Bethlehem bearing treasures for the Christ child. Do you also know the story of [The Other Wise Man](#)? Written by Presbyterian Minister Henry Van Dyke in the 1930's, the story of Artaban is a heartwarming tale to remind us that God receives the gifts we bring.

*1 to 1.5 hours*